



Coming In

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Coming In

Urs Mattmann

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240 Seiten

Kurzbeschreibung

The issue of homosexuality has become one of the most contentious within the Christian church today. Urs Mattmann shows that the spiritual and indeed practical aims of gay and lesbian people are no different from those of others on the path of true spirituality throughout the ages; in fact, their particular lifestyles and experiences put them in a better position to work for good in the world. The author explores a mystic spirituality and describes numerous practical steps that gay men and women can take in order to connect with their innate spiritual nature and express it in their daily lives and relationships. He provides prayers, meditations, rituals, exercises and other suggestions to foster spiritual discovery. Addressing the unique gifts that gays and lesbians have to offer to the rest of us - 'queer' gifts not only for personal development but also for service in and to the world - this book shows how a relevant and liberating spirituality can enrich the lives of gay and lesbian people on a practical level. Urs Mattmann is a social worker and a Psychosynthesis counsellor who has studied theology and has a background in meditation. A member of an ecumenical Christian order, he has initiated a number of spiritual projects for gay and lesbian people, and also leads retreats, workshops and seminars. Synopsis

The issue of homosexuality has become one of the most contentious within the Christian church today. Urs Mattmann shows that the spiritual and indeed practical aims of gay and lesbian people are no different from those of others on the path of true spirituality throughout the ages; in fact, their particular lifestyles and experiences put them in a better position to work for good in the world. The author explores a mystic spirituality and describes numerous practical steps that gay men and women can take in order to connect with their innate spiritual nature and express it in their daily lives and relationships. He provides prayers, meditations, rituals, exercises and other suggestions to foster spiritual discovery. Addressing the unique gifts that gays and lesbians have to offer to the rest of us - 'queer' gifts not only for personal development but also for service in and to the world - this book shows how a relevant and liberating spirituality can enrich the lives of gay and lesbian people on a practical level. Urs Mattmann is a social worker and a Psychosynthesis counsellor who has studied theology and has a background in meditation. Über den Autor und weitere Mitwirkende

Urs Mattmann geb. 1960, ist Diplom-Sozialarbeiter und Heimleiter. Verschiedene spirituelle und meditative Weiterbildungen. Psychosynthese-Therapeut. Er lebt mit seinem Lebenspartner in der Ökumenischen Kommunität Friedensgasse in Basel, die er auch leitet. Initiator vieler Aktivitäten im schwul-lesbischen Bereich. Begründer von »C-Queer – Schwule und Lesben in christlicher Spiritualität«. Urs Mattmann steht für Veranstaltungen zur Verfügung.

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